

SEPTEMBER 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
		1 Spaghetti with Meat Sauce Normandy Veg Garlic Bread Grapes	2 BBQ Chicken Sandwich Chips Green Beans Cinnamon Pears	3 Chef Salad Pickled Beets Wheat Roll Oatmeal Cookie	4 Swedish Meatballs Egg Noodles Cascade Veg Roll Apricot Bar	
6	7 * HAPPY * LABOR DAY *DINING ROOM CLOSED*	8 Chicken Alfredo Garlic Bread Green Beans Fig Newton	9 Open Faced Turkey Sandwich Mashed Potatoes Turkey Gravy Broccoli Mango Chunks	10 Beef Barley Soup Veg Medley French Bread Banana Bar	11 Baked Ham Bakes Potato Normandy Veg Wheat Roll Apple Slices	12
13	14 Salisbury Steak Mushroom Gravy Savory Rice Carrots Roll Cinnamon Pears	15 Country Chicken Fritter Mashed Potatoes Country Gravy Green Beans Ambrosia	16 Sloppy Joe Tater Coins Veg Medley Rocky Road Pudding*	17 Ham & Macaroni Bake Green Beans Fresh Banana	18 Dill Salmon Wild Rice Pilaf Cascade Veg Oatmeal Raisin Cookie	19
20	21 Cheeseburger Potato Wedges Carrots Peaches	22 Spaghetti and Meatballs Garlic Bread California Veg Apple Crisp	23 Sausage Gravy & Biscuit Scrambled Eggs Roasted Zucchini Fresh Blueberries Bran Muffin	24 Green Chili Chicken Enchilada Bake Mexican Rice Corn Sliced Strawberries	25 Lasagna Caesar Salad Veg Medley Garlic Bread Pear Slices	26
27	28 Chicken Stir Fry Brown Rice Sesame - Ginger Zucchini Mandarin Oranges Fortune Cookie	29 Meatloaf Stewed Tomatoes Seasoned Mashed Potatoes Scandinavian Vegetables Chocolate Pudding	30 Baked Potato with Chili Broccoli and Cheese Sauce Garden Salad Chocolate Chip Cookie	 ITEMS SUBJECT TO CHANGE * Indicates Item Contains Nuts		

OCTOBER 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
ITEMS SUBJECT TO CHANGE * Indicates Item Contains Nuts 				1 Baked Ziti with Italian Sausage Roasted Zucchini Tropical Fruit Cocktail	2 Chicken Fried Steak Mashed Potatoes Country Gravy Green Beans Apple Crumble	3
4	5 Beef Stew Wheat Roll Scandinavian Veg Peaches	6 Open - Faced Turkey Sandwich Mashed Potatoes Turkey Gravy Seasoned Peas Oatmeal Raisin Cookie	7 Beef Enchilada Bake Cilantro - Lime Rice Southwest Corn and Black Beans Cantaloupe	8 Shrimp Stir Fry Brown Rice Sunshine Carrots Spring Roll Mandarin Oranges	9 Spaghetti and Meat Sauce Normandy Veg Garlic Bread Chocolate Cake	10
11	12 Baked Chicken Thighs Cheesy Broccoli Rice Carrots Banana	13 Glazed Ham Mashed Sweet Potatoes Cascade Vegetables Wheat Roll Grapes	14 Chicken Tenders Roasted Red Potatoes Corn Cinnamon Pears	15 Meatloaf Stewed Tomatoes Baked Potato Green Beans Chocolate Chip Cookie	16 Chicken Fettuccini Alfredo Garlic Bread Broccoli Pudding	17
18	19 Chili and Cinnamon Roll Cascade Veg Tropical Fruit	20 Beef Stroganoff Egg Noodles Peas and Carrots Garden Salad Oatmeal Raisin Cookie	21 Chicken Taco Salad Mexican Green Beans Butterscotch Pudding	22 Turkey Noodle Casserole Cauliflower Garden Salad Banana Chocolate Chip Cookie	23 Salisbury Steak Mashed Potatoes Beef Gravy Scandinavian Vegetables Chocolate Zucchini Cake	24
25	26 Chicken Cordon Bleu Bake Brussels Sprouts Wheat Roll Sliced Pears	27 Cheeseburger Potato Wedges Garden Salad Rocky Road Pudding*	28 Chicken Marsala over Pasta Roasted Zucchini Garlic Bread Cantaloupe	29 Maccaroni, Cheese, and Ham Bake Green Beans Chocolate Brownie	30 Steak Fingers Mashed Potatoes Beef Gravy Corn Banana	31

NOVEMBER 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
	2 Cheesy Ham and Potato Chowder Cascade Veg Roll Fruit	3 Green Chili Chicken Enchilada Bake Refried Beans Corn Rocky Road Pudding	4 Roast Beef Mashed Potatoes Beef Gravy Green Beans Oatmeal Raisin Cookie	5 Chicken Alfredo Garlic Bread Vegetable Medley Caesar Salad Applesauce	6 Fish and Chips Coleslaw Carrots Rice Krispie Bar	7
8	9 Baked Chicken Thighs Roasted Red Potatoes Veg Medley Bran Muffin	10 Pork Roast Pork Gravy Roasted Sweet Potatoes Cauliflower Vanilla Pudding	11 Beef Stroganoff Egg Noodles Broccoli Wheat Roll Winter Berries	12 Chicken Noodle Soup French Bread Normandy Veg Oatmeal Raisin Cookie	13 Chicken Fried Steak Mashed Potatoes Country Gravy Carrots Apricots	14
15	16 Swedish Meatballs Egg Noodles Steamed Beets Banana Bar	17 Teriyaki Chicken Fried Rice Stir Fry Blend Veg Spring Roll Cherry Crisp	18 Cheesy Beef and Noodle Casserole Normandy Veg Garden Salad Tropical Fruit	19 Hot Hamburger Sandwich Mashed Potatoes Beef Gravy Peas and Carrots Pumpkin Bar	20 Vegetable Beef and Barley Soup French Bread Garden Salad Chocolate Zucchini Cake	21
22	23 Shrimp Scampi Wild Rice Pilaf Veg Medley Garlic Bread Cinnamon Pears	24 Meatloaf Stewed Tomatoes Roasted Red Potatoes Peas Oatmeal Raisin Cookie	25 Chicken Cordon Bleu Bake Seasoned Quinoa Broccoli Apple Slices	26 Roast Turkey Mashed Potatoes Turkey Gravy Stuffing Cranberry Sauce Green Bean Casserole Pumpkin Pie Bars	27 Chef Salad Shoestring Beets Wheat Roll Vanilla Pudding	28
29	30 White Chicken Chili Corn Muffin Green Beans Tropical Fruit	ITEMS SUBJECT TO CHANGE * Indicates Item Contains Nuts 				