## December 2023

SUN	MON	TUE	WED	THU	FRI	SAT
				ECT TO CHANGE es Item Contains Nuts	1 BBQ PORK SANDWICH DR. PEPPER BAKED BEANS CARROTS FRUIT	2
3	4 KIELBASA, CABBAGE, & POTATO SOUP ROLL GARDEN SALAD VANILLA PUDDING	5 CHICKEN STRIPS MASHED POTATOES AND GRAVY CORN BISCUIT MIXED FRUIT	<b>6</b> POT ROAST POTATO & VEG ROLL GARDEN SALAD SPICE CAKE	7 BAKED CHICKEN THIGHS CREAMY RISOTTO VEGETABLE MEDLEY RASPBERRY OAT BARS	8 MEATLOAF STEWED TOMATOES MASHED POTATOES AND GRAVY PEAS AND CARROTS OATMEAL COOKIE	9
10	11 CHILI CORN MUFFIN VEGETABLE MEDLEY FRUIT	12 HOT HAMBURGER MASHED POTATOES W/ GRAVY GREEN BEANS PEANUT BUTTER COOKIE	<b>13</b> DILL SALMON OLD BAY ROASTED POTATOES PEAS FROSTED YELLOW CAKE	14 beef stew biscuit cauliflower garden salad lemon pudding	<b>15</b> CHICKEN ENCHILADA BAKE MEXICAN RICE PEAS AND CARROTS BROWNIES	16
17	<b>18</b> SALISBURY STEAK MASHED POTATOES AND GRAVY CORN PUDDING	<b>19</b> BEEF STROGANOFF HONEY WHEAT ROLL VEGETABLE MEDLEY FRUIT	20 HAM AND MACARONI BAKE BROCCOLI FRENCH BREAD CHOCOLATE COOKIE	21 CHICKEN MARSALA ROASTED ZUCCHINI GARLIC BREAD FRUIT CRISP	22 CHRISTMAS DINNEF BAKED HAM GARLIC MASHED POTATOES STUFFING ASPARAGUS ROLL CHOCOLATE PUDDING	23
24 * Christmas Eve	25 CHICKEN & SAUSAGE JAMBALAYA CORN MUFFIN PEAS PUDDING Christmas Day	26 CHICKEN FRIED STEAK MASHED POTATOES & GRAVY VEG MEDLEY TROPICAL FRUI	27 LASAGNA FLORENTINE GARLIC BREAD STEAMED BROCCOLI MIXED BERRY CRUMBLE	28 NEW YEAR'S EVE PARTY SHRIMP SCAMPI OVER WILD RICE PILAF ROASTED BRUSSELS SPROUTS VANILLA CAKE	29 BBQ PORK RIBS BAKED BEANS COLESLAW VEG MEDLEY FRUIT	30

DEC • JAN • FEB

## January 2024

SUN	MON	TUE	WED	THU	FRI	SAT
31 New Years Eve	1 NEW YEAR'S DAY CHILI CINNAMON ROLL VEGETABLE MEDLEY FRUIT COCKTAIL New Years Day	2 ROAST TURKEY MASHED POTATOES W/ GRAVY VEGETABLE MEDLEY CHOCOLATE SURPRISE CAKE	<b>3</b> CHEESEBURGER ON A BUN POTATO WEDGES CARROTS APPLESAUCE	4 OLD FASHIONED GOULASH GREEN BEANS ROLL BUTTERSCOTCH PUDDING	<b>65</b> BAKED COD WILD RICE VEGETABLE MEDLEY RASPBERRY BAR	6
7	8 COUNTRY CHICKEN FRITTER MASHED POTATOES AND GRAVY PEAS AND CARROTS TROPICAL FRUIT	<b>9</b> LASAGNA WHEAT ROLL ROASTED ZUCCHINI LEMON PUDDING	10 Western bean bake Corn muffin green beans Apple pie bar	11 SWEDISH MEATBALLS EGG NOODLES STEAMED BEETS VANILLA CAKE	12 VEGETABLE BEEF BARLEY SOUP WHEAT ROLL GARDEN SALAD FRUIT	13
14 M	15 POT ROAST W/ POTATOES & VEGETABLES BROCCOLI LEMON PUDDING artin Luther King Day	<b>16</b> CHICKEN ENCHILADA BAKE REFRIED BEANS SUNSHINE CARROTS FRUIT	<b>17</b> SPAGHETTI W/MEAT SAUCE VEGETABLE MEDLEY CAESAR SALAD APPLE CRISP	<b>18</b> Open faced turkey sandwich Mashed potatoes & gravy Brussel sprouts Brownies	<b>19</b> MEATLOAF STEWED TOMATOES CAULIFLOWER BAKED POTATO ROCKY ROAD PUDDING	20
21	22 HEARTY HAM & 3-BEAN SOUP VEG MEDLEY BISCUIT PEACHES AND CREAM	23 TACO SALAD SPANISH RICE CORN CHOCOLATE CHIP COOKIE	24 PULLED BBQ CHICKEN SANDWICH POTATO WEDGES GREEN BEANS VANILLA PUDDING	25 BEEF STROGANOFF EGG NOODLES WHEAT ROLL VEGETABLE MEDLEY CHOCOLATE ZUCCHINI CAKE	<b>26</b> CHEESEBURGER POTATO WEDGES VEGETABLE MEDLEY GARDEN SALAD	27
28	<b>29</b> Shepherd's pie broccoli onion roll oatmeal cookie	<b>30</b> CHICKEN MARSALA RICE PILAF CARROTS FRUIT	<b>31</b> SALISBURY STEAK MASHED POTATOES AND GRAVY GREEN BEANS BERRY CRISP	SUBJECT TO CHANGE *Indicates Item Contains Nuts		

## February 2024

## **BLACK HISTORY MONTH**

SUN	MON	TUE	WED	THU	FRI	SAT
		ECT TO CHANGE tes Item Contains Nuts		1 turkey noodle soup roll green beans pudding	2 PORK ROAST MASHED POTATOES AND GRAVY CAULIFLOWER FRUIT CRISP Groundhog	3
4	5 CHICKEN POT PIE BISCUIT VEGETABLE MEDLEY GARDEN SALAD TROPICAL FRUIT	<b>6</b> ¼ LB. BEEF HOT DOG CHIPS COLESLAW CHOCOLATE CHIP COOKIE	<b>7</b> SHRIMP SCAMPI WHITE RICE GARLIC BREAD GREEN BEANS BROWNIE	8 BEEF STROGANOFF W/ EGG NOODLES STEAMED BEETS ROLL PEACHES AND CREAM	9 GLAZED HAM ROASTED SWEET POTATOES VEGETABLE MEDLEY ROLL LEMON PUDDING	10
11	12 BEEF TACO BAKE REFRIED BEANS SOUTHWEST CORN APPLESAUCE	13 CHICKEN CORDON BLEU BAKE WILD RICE PILAF VEGETABLE MEDLEY BANANA BREAD	14 VALENTINE'S DAY CHICKEN FRIED STEAK MASHED POTATOES AND GRAVY CARROTS FRUIT Valentines Day	<b>15</b> DILL SALMON MUSHROOM RISOTTO PEAS & CARROTS BROWNIES	<b>16</b> MEATLOAF MASHED POTATOES AND GRAVY NORMANDY VEGETABLES COOKIE	17
18	19 SALISBURY STEAK MASHED POTS & GRAVY GREEN BEANS MIXED FRUIT Presidents Day	20 LASAGNA VEGETABLE MEDLEY GARLIC BREAD CHOCOLATE ZUCCHINI CAKE	21 BAKED CHICKEN THIGHS MASHED SWEET POTATOES BROCCOLI OATMEAL RAISIN COOKIE	22 BBQ PORK SANDWICH POTATO WEDGES COLESLAW CAULIFLOWER ROCKY ROAD PUDDING	23 SPAGHETTI W/ MEAT SAUCE VEG MEDLEY GARLIC BREAD BERRIES AND CREAM	24
25	26 BEEF ENCHILADA BAKE RANCH BEANS CORN FRUIT	27 BBQ PORK RIBS DR. PEPPER BAKED BEANS CASCADE VEG GARDEN SALAD PEACH BAR	28 CHICKEN ALFREDO ROASTED ZUCCHINI FRENCH BREAD TAPIOCA PUDDING	29 SANTA FE CHILI CHEESY BROCCOLI CORN MUFFIN CHOCOLATE CHIP COOKIE		