

# November 2023

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>SUBJECT TO CHANGE</b> *Indicates Item Contains Nuts		<b>1</b> CHICKEN MARSALA OVER PASTA VEG MEDLEY GARLIC BREAD WHITE CAKE	<b>2</b> MACARONI & CHEESE & HAM BAKE GREEN BEANS GARDEN SALAD BROWNIES	<b>3</b> OPEN FACED TURKEY SANDWICH MASHED POTS W/ GRAVY GREEN BEANS PEANUT BUTTER COOKIE	<b>4</b>
<b>5</b>  <b>Change your clocks!</b>  <b>Daylight Savings</b>	<b>6</b> CHEESY HAM AND POTATO CHOWDER CASCADE VEG ROLL FRUIT	<b>7</b> CHICKEN ENCHILADA CASSEROLE REFRIED BEANS CORN BUTTERSCOTCH PUDDING  <b>Election Day</b>	<b>8</b> ROAST BEEF MASHED POTATOES AND GRAVY GREEN BEANS FUNFETTI COOKIE	<b>9</b> CHICKEN ALFREDO GARLIC BREAD VEGETABLE MEDLEY CAESAR SALAD APPLESAUCE	<b>10</b> FISH & CHIPS COLESLAW CARROTS TROPICAL FRUIT  <b>Veterans Day (observed)</b>	<b>11</b>   <b>Veterans Day</b>
<b>12</b>	<b>13</b> BAKED CHICKEN THIGHS ROASTED RED POTATOES VEG MEDLEY CHOCOLATE CHIP COOKIE	<b>14</b> PORK ROAST W/ GRAVY ROASTED SWEET POTATOES CAULIFLOWER LEMON CAKE	<b>15</b> BEEF STROGANOFF EGG NOODLES BROCCOLI ROLL FRUIT	<b>16</b> CHICKEN FRIED STEAK W/ GRAVY MASHED POTS CARROTS ROCKY ROAD PUDDING	<b>17</b> CHICKEN NOODLE SOUP BISCUIT NORMANDY VEG OATMEAL RAISIN COOKIES	<b>18</b>
<b>19</b>	<b>20</b> BEEF STROGANOFF EGG NOODLES STEAMED BEETS TAPIOCA PUDDING	<b>21</b> TERIYAKI CHICKEN FRIED RICE STIR FRY BLEND VEGETABLES ALMOND COOKIE	<b>22</b> CHEESY BEEF AND NOODLE CASSEROLE NORMANDY VEG GARDEN SALAD FRUIT	<b>23</b> ROAST TURKEY MASHED POTATOES AND GRAVY STUFFING GREEN BEAN CASSEROLE PUMPKIN BARS  <b>Thanksgiving!</b> 	<b>24</b> BEEF & BARLEY SOUP FRENCH BREAD GARDEN SALAD FRUIT COCKTAIL	<b>25</b>
<b>26</b>	<b>27</b> SHRIMP SCAMPI WILD RICE PILAF VEG MEDLEY GARLIC BREAD LEMON PUDDING	<b>28</b> MEATLOAF W/ STEWED TOMATOES ROASTED RED POTATOES PEAS OATMEAL RAISIN COOKIE	<b>29</b> CHICKEN CORDON BLEU BAKE WILD RICE PILAF BROCCOLI STRAWBERRY SHORTCAKE	<b>30</b> HOT HAMBURGER SANDWICH MASHED POTATOES AND GRAVY CARROTS RICE KRISPIE BAR		

# December 2023

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
					BBQ PORK SANDWICH DR. PEPPER BAKED BEANS CARROTS FRUIT	
3	4	5	6	7	8	9
	KIELBASA, CABBAGE, & POTATO SOUP ROLL GARDEN SALAD VANILLA PUDDING	CHICKEN STRIPS MASHED POTATOES AND GRAVY CORN BISCUIT MIXED FRUIT	POT ROAST POTATO & VEG ROLL GARDEN SALAD SPICE CAKE	BAKED CHICKEN THIGHS CREAMY RISOTTO VEGETABLE MEDLEY RASPBERRY OAT BARS	MEATLOAF STEWED TOMATOES MASHED POTATOES AND GRAVY PEAS AND CARROTS OATMEAL COOKIE	
10	11	12	13	14	15	16
	CHILI CORN MUFFIN VEGETABLE MEDLEY FRUIT	HOT HAMBURGER MASHED POTATOES W/ GRAVY GREEN BEANS PEANUT BUTTER COOKIE	DILL SALMON OLD BAY ROASTED POTATOES PEAS FROSTED YELLOW CAKE	BEEF STEW BISCUIT CAULIFLOWER GARDEN SALAD LEMON PUDDING	CHICKEN ENCHILADA BAKE MEXICAN RICE PEAS AND CARROTS BROWNIES	
17	18	19	20	21	22	23
	SALISBURY STEAK MASHED POTATOES AND GRAVY CORN PUDDING	BEEF STROGANOFF HONEY WHEAT ROLL VEGETABLE MEDLEY FRUIT	HAM AND MACARONI BAKE BROCCOLI FRENCH BREAD CHOCOLATE COOKIE	CHICKEN MARSALA ROASTED ZUCCHINI GARLIC BREAD FRUIT CRISP	<b>CHRISTMAS DINNER</b> BAKED HAM GARLIC MASHED POTATOES STUFFING ASPARAGUS ROLL CHOCOLATE PUDDING	
24	25	26	27	28	29	30
 Christmas Eve	CHICKEN & SAUSAGE JAMBALAYA CORN MUFFIN PEAS PUDDING Christmas Day	CHICKEN FRIED STEAK MASHED POTATOES & GRAVY VEG MEDLEY TROPICAL FRUIT	LASAGNA FLORENTINE GARLIC BREAD STEAMED BROCCOLI MIXED BERRY CRUMBLE	SHRIMP SCAMPI OVER WILD RICE PILAF ROASTED BRUSSELS SPROUTS VANILLA CAKE	<b>NEW YEAR'S EVE PARTY</b> BBQ PORK RIBS BAKED BEANS COLESLAW VEG MEDLEY FRUIT	

**SUBJECT TO CHANGE**

\*Indicates Item Contains Nuts

# January 2024

SUN	MON	TUE	WED	THU	FRI	SAT
<b>31</b>  <b>New Years Eve</b> 	<b>1</b> NEW YEAR'S DAY CHILI CINNAMON ROLL VEGETABLE MEDLEY FRUIT COCKTAIL <b>New Years Day</b>	<b>2</b> ROAST TURKEY MASHED POTATOES W/ GRAVY VEGETABLE MEDLEY CHOCOLATE SURPRISE CAKE	<b>3</b> CHEESEBURGER ON A BUN POTATO WEDGES CARROTS APPLESAUCE	<b>4</b> OLD FASHIONED GOULASH GREEN BEANS ROLL BUTTERSCOTCH PUDDING	<b>5</b> BAKED COD WILD RICE VEGETABLE MEDLEY RASPBERRY BAR	<b>6</b>
<b>7</b>	<b>8</b> COUNTRY CHICKEN FRITTER MASHED POTATOES AND GRAVY PEAS AND CARROTS TROPICAL FRUIT	<b>9</b> LASAGNA WHEAT ROLL ROASTED ZUCCHINI LEMON PUDDING	<b>10</b> WESTERN BEAN BAKE CORN MUFFIN GREEN BEANS APPLE PIE BAR	<b>11</b> SWEDISH MEATBALLS EGG NOODLES STEAMED BEETS VANILLA CAKE	<b>12</b> VEGETABLE BEEF BARLEY SOUP WHEAT ROLL GARDEN SALAD FRUIT	<b>13</b>
<b>14</b>	<b>15</b> POT ROAST W/ POTATOES & VEGETABLES BROCCOLI LEMON PUDDING <b>Martin Luther King Day</b> 	<b>16</b> CHICKEN ENCHILADA BAKE REFRIED BEANS SUNSHINE CARROTS FRUIT	<b>17</b> SPAGHETTI W/MEAT SAUCE VEGETABLE MEDLEY CAESAR SALAD APPLE CRISP	<b>18</b> OPEN FACED TURKEY SANDWICH MASHED POTATOES & GRAVY BRUSSEL SPROUTS BROWNIES	<b>19</b> MEATLOAF STEWED TOMATOES CAULIFLOWER BAKED POTATO ROCKY ROAD PUDDING	<b>20</b>
<b>21</b>	<b>22</b> HEARTY HAM & 3-BEAN SOUP VEG MEDLEY BISCUIT PEACHES AND CREAM	<b>23</b> TACO SALAD SPANISH RICE CORN CHOCOLATE CHIP COOKIE	<b>24</b> PULLED BBQ CHICKEN SANDWICH POTATO WEDGES GREEN BEANS VANILLA PUDDING	<b>25</b> BEEF STROGANOFF EGG NOODLES WHEAT ROLL VEGETABLE MEDLEY CHOCOLATE ZUCCHINI CAKE	<b>26</b> CHEESEBURGER POTATO WEDGES VEGETABLE MEDLEY GARDEN SALAD	<b>27</b>
<b>28</b>	<b>29</b> SHEPHERD'S PIE BROCCOLI ONION ROLL OATMEAL COOKIE	<b>30</b> CHICKEN MARSALA RICE PILAF CARROTS FRUIT	<b>31</b> SALISBURY STEAK MASHED POTATOES AND GRAVY GREEN BEANS BERRY CRISP	<b>SUBJECT TO CHANGE</b> <i>*Indicates Item Contains Nuts</i>		

# February 2024

## BLACK HISTORY MONTH

SUN

MON

TUE

WED

THU

FRI

SAT

**SUBJECT TO CHANGE**

*\*Indicates Item Contains Nuts*

1

TURKEY NOODLE SOUP  
ROLL  
GREEN BEANS  
PUDDING

2

PORK ROAST  
MASHED POTATOES AND GRAVY  
CAULIFLOWER  
FRUIT CRISP

3

**Groundhog Day**



4

5

CHICKEN POT PIE  
BISCUIT  
VEGETABLE MEDLEY  
GARDEN SALAD  
TROPICAL FRUIT

6

¼ LB. BEEF HOT DOG  
CHIPS  
COLESLAW  
CHOCOLATE CHIP COOKIE

7

SHRIMP SCAMPI  
WHITE RICE  
GARLIC BREAD  
GREEN BEANS  
BROWNIE

8

BEEF STROGANOFF W/ EGG NOODLES  
STEAMED BEETS  
ROLL  
PEACHES AND CREAM

9

GLAZED HAM  
ROASTED SWEET POTATOES  
VEGETABLE MEDLEY  
ROLL  
LEMON PUDDING

10

11

12

BEEF TACO BAKE  
REFRIED BEANS  
SOUTHWEST CORN  
APPLESAUCE

13

CHICKEN CORDON BLEU BAKE  
WILD RICE PILAF  
VEGETABLE MEDLEY  
BANANA BREAD

14

VALENTINE'S DAY  
CHICKEN FRIED STEAK  
MASHED POTATOES AND GRAVY  
CARROTS  
FRUIT



**Valentines Day**

15

DILL SALMON  
MUSHROOM RISOTTO  
PEAS & CARROTS  
BROWNIES

16

MEATLOAF  
MASHED POTATOES AND GRAVY  
NORMANDY VEGETABLES  
COOKIE

17

18

19

SALISBURY STEAK  
MASHED POTS & GRAVY  
GREEN BEANS  
MIXED FRUIT



**Presidents Day**

20

LASAGNA  
VEGETABLE MEDLEY  
GARLIC BREAD  
CHOCOLATE ZUCCHINI CAKE

21

BAKED CHICKEN THIGHS  
MASHED SWEET POTATOES  
BROCCOLI  
OATMEAL RAISIN COOKIE

22

BBQ PORK SANDWICH  
POTATO WEDGES  
COLESLAW  
CAULIFLOWER  
ROCKY ROAD PUDDING

23

SPAGHETTI W/ MEAT SAUCE  
VEG MEDLEY  
GARLIC BREAD  
BERRIES AND CREAM

24

25

26

BEEF ENCHILADA BAKE  
RANCH BEANS  
CORN  
FRUIT

27

BBQ PORK RIBS  
DR. PEPPER BAKED BEANS  
CASCADE VEG  
GARDEN SALAD  
PEACH BAR

28

CHICKEN ALFREDO  
ROASTED ZUCCHINI  
FRENCH BREAD  
TAPIOCA PUDDING

29

SANTA FE CHILI  
CHEESY BROCCOLI  
CORN MUFFIN  
CHOCOLATE CHIP COOKIE