

# March 2023

SUN

MON

TUE

WED

THU

FRI

SAT

**SUBJECT TO CHANGE**  
\*Indicates Item Contains Nuts

**1**  
CRANBERRY GLAZED HAM  
GARLIC MASHED POTATOES  
PEAS & CARROTS  
FRUIT

**2**  
TERIYAKI CHICKEN  
RICE PILAF  
ASIAN BLEND VEGETABLES  
SPICE CAKE

**3**  
PHILLY CHEESE STEAK  
POTATO WEDGES  
CARROTS  
BERRIES & CREAM

**4**

**5**

**6**  
BAKED CHICKEN  
MASHED SWEET POTATOES  
CAULIFLOWER  
CHOCOLATE PUDDING

**7**  
BBQ PORK  
COLESLAW  
BAKED BEANS  
VEGETABLE MEDLEY  
FRUIT

**8**  
TURKEY & WILD RICE SOUP  
BROCCOLI  
FRENCH BREAD  
APPLE CRISP

**9**  
SLOPPY JOE  
ROASTED RED POTATOES  
VEGETABLE MEDLEY  
CHOC CHIP COOKIE

**10**  
CHICKEN PRIMAVERA  
SPAGHETTI NOODLES  
GREEN BEANS  
CAESAR SALAD  
LEMON BARS

**11**

**12**



Daylight Saving Time

**13**  
BEEF STROGANOFF  
EGG NOODLES  
STEAMED BEETS  
OATMEAL RAISIN COOKIES

**14**  
CHICKEN POT PIE  
BISCUIT  
VEGETABLE MEDLEY  
WHITE CAKE W/ FROSTING

**15**  
CHEESEBURGER  
SWEET POTATO WEDGES  
GARDEN SALAD  
RICE KRISPIE TREAT

**16**  
MACARONI & CHEESE W/ HAM  
VEGETABLE MEDLEY  
FRUIT

**17**  
CORNED BEEF  
CABBAGE, POTATOES & CARROTS  
ROLL  
PISTACHIO PUDDING\*

**18**



**19**

**20**  
MEATLOAF  
STEWED TOMATOES  
ROASTED POTATO  
PEAS  
FRUIT

**21**  
WESTERN BEAN BAKE  
CORNBREAD  
BROCCOLI  
FRUIT

**22**  
BAKED CHICKEN THIGHS  
ROASTED POTS  
VEGETABLE MEDLEY  
CHOCOLATE CAKE

**23**  
CHICKEN AND SAUSAGE JAMBALAYA  
ROASTED CAULIFLOWER  
FRENCH BREAD  
MIXED BERRIES

**24**  
FISH & CHIPS  
COLESLAW  
VEGETABLE MEDLEY  
BANANA BARS

**25**

**26**

**27**  
CHICKEN MARSALA  
ANGEL HAIR PASTA  
CARROTS  
FRENCH BREAD  
TAPIOCA PUDDING

**28**  
TURKEY CLUB SANDWICH  
POTATO CHIPS  
PEA & CHEESE SALAD  
FRUIT

**29**  
LASAGNA  
GARLIC BREAD  
GREEN BEANS  
APPLE PIE BARS

**30**  
CHEESEBURGER  
POTATO WEDGES  
VEGETABLE MEDLEY  
FRUIT

**31**  
CHICKEN STRIPS  
MASHED POTS  
COUNTRY GRAVY  
CASCADE BLEND VEG  
ROCKY ROAD PUDDING\*

# April 2023

SUN

MON

TUE

WED

THU

FRI

SAT

**SUBJECT TO CHANGE**

\*Indicates Item Contains Nuts

1

2



**Palm Sunday**

3

CHILI  
CINNAMON ROLL  
VEG MEDLEY  
FRUIT

4

POT ROAST  
POTATOES &  
VEGETABLES  
GARDEN SALAD  
ROLLS  
FRUIT

5

ROAST TURKEY &  
GRAVY  
MASHED SWEET  
POTATOES  
PEAS & CARROTS  
ANGEL FOOD CAKE

**Passover**



6

SWEDISH MEATBALLS  
EGG NOODLES  
STEAMED BEETS  
ROLL  
ROCKY ROAD  
PUDDING\*

7

GLAZED HAM  
SCALLOPED  
POTATOES  
GREEN BEANS  
FRENCH BREAD  
AMBROSIA



**Good Friday**

8

9



10

BBQ BEEF  
SANDWICH  
POTATO WEDGES  
PEAS & CARROTS  
PEANUT BUTTER  
COOKIES\*

11

CHICKEN ENCHILADA  
BAKE  
REFRIED BEANS  
CORN & PEPPERS  
TRES LECHES CAKE

12

PORK ROAST & GRAVY  
MASHED POTATOES  
BROCCOLI  
FRUIT

13

TURKEY TETRAZZINI  
FRENCH BREAD  
VEGETABLE MEDLEY  
FRUIT

14

BEEF & BARLEY SOUP  
ROLL  
GARDEN SALAD  
MANDARIN ORANGES

15

16

17

OPEN FACED  
TURKEY SANDWICH  
MASHED POTS  
PEAS  
BANANA BARS

18

BEEF & BROCCOLI  
LO MEIN  
ASIAN BLEND  
VEGETABLES  
SNICKERDOODLE

19

CHICKEN CORDON  
BLEU BAKE  
ROASTED POTATOES  
GREEN BEANS  
FRUIT

20

BBQ PORK SANDWICH  
SWEET POTATO  
WEDGES  
NORMANDY BLEND  
VEG  
KRISPIE BARS

21

GARLIC BUTTER  
SHRIMP  
WILD RICE PILAF  
CAULIFLOWER  
CHOCOLATE CAKE

22



**Earth Day**

23

24

BEEF STEW  
CASCADE VEG  
FRENCH BREAD  
CARROT RAISIN  
SALAD  
FRUIT CRISP

25

CHEESEBURGER  
POTATO WEDGES  
VEGETABLE MEDLEY  
FRUIT

26

CHILI  
CINNAMON ROLLS  
BROCCOLI  
MIXED BERRIES &  
CREAM

27

CHICKEN ALFREDO  
FETTUCCINI  
GREEN BEANS  
GARLIC BREAD  
GARDEN SALAD  
CHOCOLATE CHIP  
COOKIE

28

BISCUITS &  
SAUSAGE GRAVY  
SCRAMBLED EGGS  
ROASTED ZUCCHINI  
TROPICAL FRUIT

29

30

# May 2023

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> BBQ MEATBALLS GARDEN SALAD BAKED BEANS PEAS & CARROTS PUDDING	<b>2</b> BAKED CHICKEN THIGHS MASHED POTATOES W/ GRAVY BRUSSEL SPROUT FUNFETTI COOKIE	<b>3</b> STUFFED PORK LOIN PESTO QUINOA VEG MEDLEY FRENCH BREAD FRUIT	<b>4</b> HERB ROAST TURKEY & GRAVY CHEESY BROCCOLI RICE VEGETABLE MEDLEY FRUIT	<b>5</b> BEEF TACOS SPANISH RICE MEXI-CORN BANANA NUT MUFFIN*  <b>Cinco Mayo</b>	<b>6</b>
<b>7</b>	<b>8</b> TURKEY NOODLE CASSEROLE VEG MEDLEY FRENCH BREAD PUDDING	<b>9</b> SLOPPY JOES POTATO WEDGES ROASTED CAULIFLOWER BROWNIES	<b>10</b> CHICKEN ALFREDO FETTUCINI GREEN BEANS GARLIC BREAD GARDEN SALAD CHOCOLATE CHIP	<b>11</b> CHICKEN & WILD RICE SOUP ROLL VEG MEDLEY CHOCOLATE CAKE	<b>12</b> GLAZED HAM MASHED POTATOES & GRAVY CARROTS AMBROSIA	<b>13</b>
<b>14</b> 	<b>15</b> LEMON GARLIC CHICKEN MASHED POTATO & GRAVY BROCCOLI FRUIT	<b>16</b> SPAGHETTI W/ MEAT SAUCE CAESAR SALAD FRENCH BREAD ROASTED ZUCCHINI APPLE PIE BARS	<b>17</b> CHICKEN PRIMAVERA ROTINI PEAS & CARROTS GARLIC FOCACCIA MELON	<b>18</b> POT ROAST, POTATOES & VEG GARDEN SALAD ROLL CHOCOLATE SURPRISE CAKE	<b>19</b> CHICKEN FRIED STEAK MASH POTATOES & COUNTRY GRAVY CARROTS FRUIT	<b>20</b>
<b>21</b>	<b>22</b> TURKEY NOODLE SOUP BISCUIT VEG MEDLEY OATMEAL RAISIN COOKIE	<b>23</b> MEATLOAF STEWED TOMATOES BAKED POTATO BROCCOLI STRAWBERRY CAKE	<b>24</b> TARRAGON CHICKEN SALAD SANDWICH POTATO CHIPS BROCCOLI SALAD TROPICAL FRUIT	<b>25</b> SAUSAGE GRAVY & BISCUITS SCRAMBLED EGGS ROAST ZUCCHINI SUGAR COOKIE	<b>26</b> FISH & CHIPS COLESLAW CARROTS TARTAR SAUCE LEMON BARS	<b>27</b>
<b>28</b>	<b>29</b> CHICKEN STRIPS MASHED SWEET POTATOES GREEN BEANS RICE KRISPIE TREAT 	<b>30</b> HOT TURKEY SANDWICH MASHED POTS & GRAVY CARROTS FRUIT CRISP	<b>31</b> CHEESEBURGER DELUXE POTATO CHIPS FRUIT	<b>SUBJECT TO CHANGE</b> *Indicates Item Contains Nuts		