December 2022

SUBJECT TO CHANGE

*Indicates Item Contains Nuts

SUN	MON	TUE	WED	THU	FRI	SAT
				1 BBQ PORK ON A BUN BAKED BEANS CARROTS FRUIT	**2** CHICKEN MARSALA VEGETABLE MEDLEY CHOCOLATE ZUCCHINI CAKE	**3**
4	**5** SHEPHERD'S PIE GREEN BEANS ARTISAN BREAD ROCKY ROAD PUDDING*	**6** SWEET MUSTARD BRATWURST W/ POTATOES AND CABBAGE CAULIFLOWER ROLL FRUIT	**7** POT ROAST POTATO & VEG ROLL GARDEN SALAD SPICE CAKE	**8** BAKED CHICKEN THIGHS CREAMY RISOTTO VEGETABLE MEDLEY RASPBERRY OAT BARS	**9** MEATLOAF STEWED TOMATOES MASHED POTATOES W/ GRAVY PEAS AND CARROTS OATMEAL COOKIE	**10**
11	**12** CHILI CINNAMON ROLL VEGETABLE MEDLEY FRUIT	**13** HOT HAMBURGER MASHED POTATOES W/ GRAVY GREEN BEANS PEANUT BUTTER COOKIE*	**14** DILL SALMON CREAMY RISOTTO PEAS FROSTED YELLOW CAKE	**15** BEEF STEW BISCUIT CAULIFLOWER GARDEN SALAD LEMON BARS	**16** CHICKEN ENCHILADA BAKE BLACK BEAN FIESTA BROWNIES	**17**
18 Hanukkah	**19** SALISBURY STEAK MASHED POTATOES W/ GRAVY CORN PUDDING	**20** BEEF STROGANOFF CHEESE AND ONION ROLL VEGETABLE MEDLEY FRUIT	**21** HAM AND MACARONI BAKE BROCCOLI FRENCH BREAD DOUBLE CHOCOLATE COOKIE	**22** CHICKEN MARSALA VEGETABLE MEDLEY WHITE ROLL FRUIT CRISP	**23** **CHRISTMAS DINNER** GLAZED HAM SCALLOPED POTATOES AU GRATIN GREEN BEANS WHEAT ROLL TRADITIONAL FRUIT CAKE	**24** Christmas Eve
25 Christmas	**26** CHICKEN & SAUSAGE JAMBALAYA CORN MUFFIN PEAS PUDDING	**27** CHICKEN FRIED STEAK MASHED POTATOES & GRAVY VEG MEDLEY BROWNIE	**28** LASAGNA FLORENTINE GARLIC BREAD STEAMED BROCCOLI MIXED BERRY CRUMBLE	**29** SHRIMP SCAMPI WHITE ROLL ROASTED SQUASH VANILLA CAKE	**30** PORK SPARERIBS SAUERKRAUT MASHED POTATOES W/ GRAVY STEAMED BEETS FRUIT	**31** New Year's Eve

January 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 CHILI CINNAMON ROLL VEGETABLE MEDLEY FRUIT COCKTAIL	3 ROAST TURKEY MASHED POTATOES W/ GRAVY VEGETABLE MEDLEY CHOCOLATE SURPRISE CAKE	4 CHEESEBURGER ON A BUN POTATO WEDGES CARROTS FRUIT	5 OLD FASHIONED GOULASH GREEN BEANS ROLL CHOCOLATE PUDDING	6 DILL SALMON WILD RICE VEGETABLE MEDLEY PUMPKIN BAR	7
8	9 HOT HAMBURGER MASHED POTATOES W/ GRAVY PEAS & CARROTS COOKIE	10 LASAGNA WHEAT ROLL ROASTED ZUCCHINI FRESH FRUIT	11 PHILLY CHEESESTEAK POTATO WEDGES VEGETABLE MEDLEY GARDEN SALAD ROCKY ROAD PUDDING*	12 SWEDISH MEATBALLS EGG NOODLES STEAMED BEETS GARDEN SALAD VANILLA CAKE	13 VEGETABLE BEEF BARLEY SOUP ROLL GARDEN SALAD FRUIT	14
15	16 POT ROAST W/ POTATOES & VEGETABLES BROCCOLI LEMON PUDDING **Martin Luther King Jr. Day**	17 CHICKEN ENCHILADA BAKE REFRIED BEANS CHUCKWAGON CORN FRUIT	18 SPAGHETTI W/MEAT SAUCE VEGETABLE MEDLEY CAESAR SALAD FRUIT CRISP	19 OPEN FACED TURKEY SANDWICH MASHED POTS & GRAVY BRUSSEL SPROUTS BROWNIES	20 MEATLOAF STEWED TOMATOES CAULIFLOWER BAKED POTATO BANANA SNACK CAKE	21
22	23 SHRIMP SCAMPI GARDEN PASTA SALAD BROCCOLI ROLL FRUIT	24 TACO SALAD SPANISH RICE CORN CHOCOLATE CHIP COOKIE	25 PULLED BBQ PORK SANDWICH POTATO WEDGES GREEN BEANS VANILLA PUDDING	26 BEEF STROGANOFF EGG NOODLES WHITE ROLL VEGETABLE MEDLEY CHOCOLATE ZUCCHINI CAKE	27 CHEESEBURGER POTATO WEDGES VEGETABLE MEDLEY GARDEN SALAD	28
29	30 SALISBURY STEAK MASHED POTATOES W/ GRAVY GREEN BEANS BERRY CRISP	31 CHICKEN PARMESAN SPAGHETTI NOODLES ROASTED ZUCCHINI GARLIC BREAD BLONDIE				

SUBJECT TO CHANGE

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February 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 CHEESEBURGER ON A BUN POTATO WEDGES VEGETABLE MEDLEY FRUIT	2 TURKEY NOODLE SOUP ROLL GREEN BEANS PUDDING Groundhog Day	3 PORK ROAST MASHED SWEET POTATOES CAULIFLOWER FRUIT CRISP	4
5	6 CHICKEN POT PIE BISCUIT VEGETABLE MEDLEY GARDEN SALAD APPLE PIE BARS	7 ROAST BEEF W GRAVY BAKED POTATO GLAZED CARROTS ROCKY ROAD PUDDING	8 SHRIMP SCAMPI OVER SPAGHETTI FOCACCIA BREAD GREEN BEANS BROWNIE	9 BEEF STROGANOFF W/ EGG NOODLES STEAMED BEETS ROLL CARROT CAKE*	10 GLAZED HAM ROASTED SWEET POTATOES VEGETABLE MEDLEY ROLL LEMON BAR	11
12	13 BEEF TACOS REFRIED BEANS SOUTHWEST CORN LEMMON PUDDING	14 CHICKEN CORDON BLEU BAKE CREAMY RISOTTO VEGETABLE MEDLEY BANANA BREAD* Valentine's DAY	15 CHICKEN FRIED STEAK MASHED POTATOES W/ GRAVY CARROTS FRUIT	16 DILL SALMON WILD RICE PILAF PEAS & CARROTS BROWNIES	17 MEATLOAF STEWED TOMATOES VEGETABLE MEDLEY ROLL FRUIT	18
19	20 SALISBURY STEAK MASHED POTS & GRAVY GREEN BEANS BANANA BREAD* President's Day	21 LASAGNA VEGETABLE MEDLEY GARLIC BREAD FRUIT	22 BAKED CHICKEN THIGHS ROASTED SWEET POTATOES BROCCOLI FROSTED VANILLA CAKE	23 BBQ PORK SANDWICH POTATO WEDGES COLESLAW CAULIFLOWER FRUIT	24 BAKED COD BASIL PESTO QUINOA VEGETABLE MEDLEY DOUBLE CHOCOLATE CHIP COOKIE	25
26	27 BEEF ENCHILADA BAKE RANCH BEANS CORN FRUIT	28 CABBAGE ROLL CASSEROLE GREEN BEANS ROLL CHOCOLATE CAKE				

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