

Getting Started

Schedule an appointment with us to talk about your needs and goals by calling:

(307) 672-2240

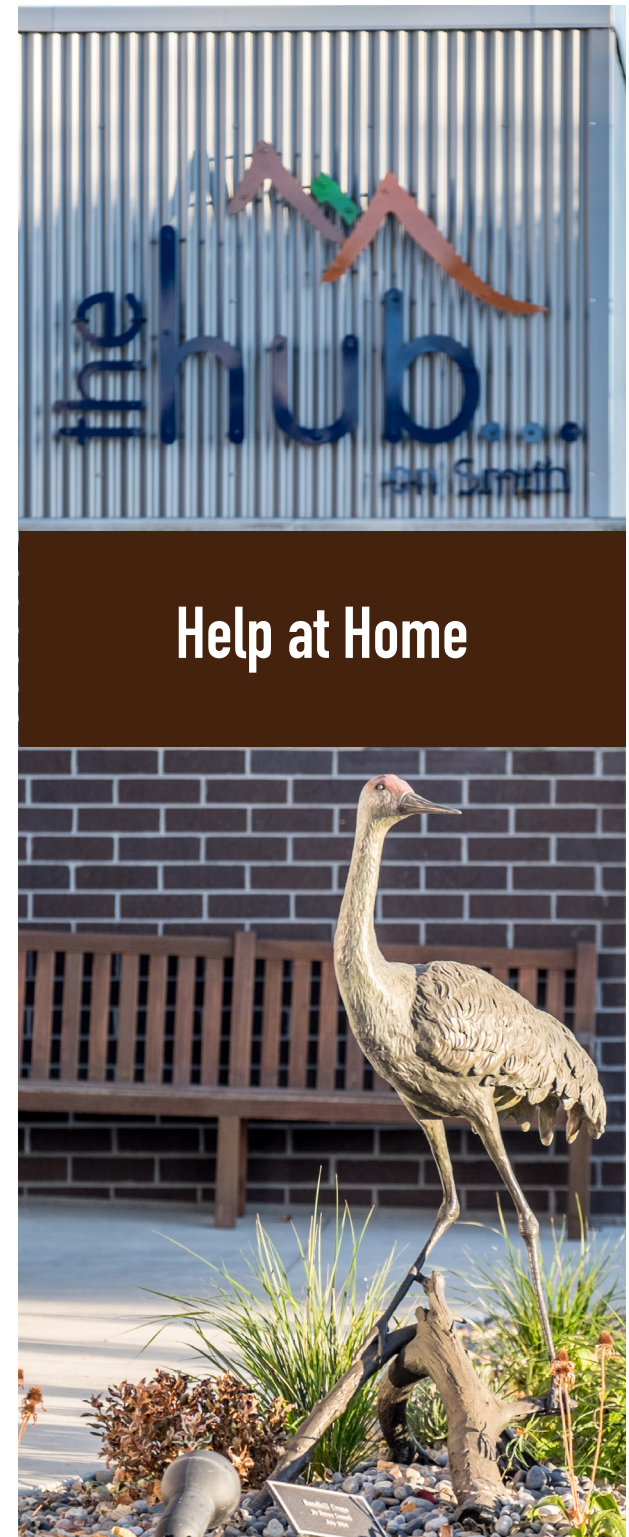
Our first meeting will explore whether our services are the right fit for you. There's no commitment, pressure, or expectations from us - we simply want to provide you with information so you can decide what works best for you.

We accept private pay, Veterans Administration, and Medicaid waiver. We can work with your long-term care insurance and provide documentation to meet your elimination period. Partial grants may be available through the Wyoming Department of Health Aging Division for qualifying individuals.



211 Smith Street
Sheridan, WY 82801
(307) 672-2240

This document was developed under a grant from the US Department of Health and Human Services, Administration on Aging (USDHHS), and the Wyoming Department of Health, Aging Division (WDH). However, these contents do not necessarily represent the policy of the USDHHS and the WDH, and endorsement by the Federal or State government should not be assumed.





Program Details

Help at Home is a licensed and bonded Home Health Agency. Our team can provide the first line of support for older adults, individuals with challenges, and their families.

Goals

Help at Home is designed to help individuals foster self-sufficiency at home while:

- Maintaining individuals in the least restrictive environment
- Assisting with meal preparation, shopping, light housekeeping, and laundry
- Providing personal care, showers, dressing, and physical therapy exercises
- Keeping individuals in their home longer, avoiding premature institutionalization

Help at Home Staff

Background checks are performed on all staff before entering an individual's home

- Board-certified Home Health Aides (Certified Nursing Assistants) provide personal care
- Registered Nurses (RNs) supervise all care and provide in-home education
- Alongside RNs, Access Care Coordinators (certified by the Wyoming Department of Health) determine eligibility, develop care plans, and refer resources

“I couldn’t do it without outside help. I live alone but, as long as I have Help at Home, I am not alone. It’s a wonderful service.” - Mel Heckman, WWII veteran