

September 2020

MON	TUE	WED	THU	FRI	SAT	SUN
	1 PORK WING ASIAN CABBAGE SESAME VEGETABLES DUMPLINGS MANGO	2 FISH TACOS W/KEY LIME COLESLAW SPANISH RICE ROASTED SQUASH TRES LECHE CAKE	3 CHICKEN MARSALA OVER MASHED POTATOES VEGETABLE MEDLEY WHITE ROLL GARDEN SALAD	4 POT ROAST W/VEGETABLES AND POTATOES 3 BEAN SALAD BERRY CRISP	5 MARINATED PORK TENDERLOIN MUSHROOM RISOTTO VERY BAKED TOMATOES WHITE ROLL FRUIT	6 BAKED STEAK TERIYAKI OVER EGG NOODLES VEGETABLE MEDLEY FRUIT OATMEAL COOKIE
7 JAMBALAYA CHUCKWAGON VEGETABLES SOUTHERN BISCUIT GARDEN SALAD 	8 LEMON CHICKEN W/ EGG NOODLES BASIL PESTO QUINOA LEMON BRUSSEL SPROUTS CHOCOLATE CHIP COOKIE	9 PHILLY CHEESE STEAK W/ ONIONS AND PEPPERS ROASTED CAULIFLOWER LENTIL SALAD BERRIES AND CREAM	10 SHRIMP SCAMPI IN LEMON CREAM SAUCE FOCACCIA BREAD VEGETABLE MEDLEY CAESAR SALAD	11 CHEESEBURGER 3 TONE POTATOES BAKED APPLE SLICES SPINACH SALAD W/ BACON VINAIGRETTE	12 BARBEQUE BEEF SANDWICH SCALLOPED POTATOES GREEN BEANS AMANDINE* FRUIT SALAD	13 MEATLOAF STEWED TOMATOES STEAMED BROCCOLI ROASTED RED POTATOES FRUIT
14 FRENCH DIP W/ AU JUS PEAS AND CARROTS W/ BUTTER AND THYME LEMON LENTIL SALAD PEANUT BUTTER COOKIE	15 CHICKEN CURRY W/ WHITE RICE ROASTED SWEET POTATOES VEGETABLE MEDLEY	16 BEEF ENCHILADA ROASTED SQUASH REFRIED BEANS TRES LECHE	17 CHEESE TORTELLINI GARLIC BREAD VEGETABLE MEDLEY CAESAR SALAD	18 CHILE AND CHEESE STUFFED CHICKEN BREAST CREAMY RISOTTO ROASTED SQUASH BERRY STRUDEL	19 ROASTED TURKEY W/ GRAVY OVER MASHED POTATOES BRAISED VEGETABLES WHITE ROLL CHERRY PIE	20 GLAZED HAM W/ MASHED SWEET POTATOES VEGETABLE MEDLEY SPINACH SALAD W/ FETA AND STRAWBERRIES CHOCOLATE CAKE
21 BAKED COD W/ LEEKS AND CARROTS RICE PILAF CARIBBEAN VEGETABLES PEACH CRISP GARDEN SALAD	22 STUFFED PORK TENDERLOIN CREAMY RISOTTO GLAZED CARROTS AND PEAS CHOCOLATE SURPRISE CAKE	23 CHILI OVER BAKED POTATO POTATO SALAD CINNAMON ROLL	24 SWEDISH MEATBALLS EGG NOODLES VEGETABLE MEDLEY ROASTED RED POTATOES BROWNIE	25 TARRAGON CHICKEN SANDWICH LENTIL SALAD POTATO CHIPS FRUIT	26 PULLED PORK SANDWICH MAC N CHEESE STEAMED BROCCOLI PEANUT BUTTER BAR*	27 CHICKEN POT PIE VEGETABLE MEDLEY GARDEN SALAD FRUIT
28 CHEESEBURGER WEDGE FRIES GREEN BEANS CHOCOLATE CAKE	29 SHRIMP PO BOY VEGETABLE MEDLEY LENTIL SALAD CARROT CAKE	30 MEATLOAF STEWED TOMATOES ROASTED REDS BRUSSEL SPROUTS FRUIT AMBROSIA	SUBJECT TO CHANGE *Indicates Item Contains Nuts			

October 2020

MON	TUE	WED	THU	FRI	SAT	SUN
	SUBJECT TO CHANGE *Indicates Item Contains Nuts		1 BEEF STROGANOFF LEMON ASPARAGUS BASIL PESTO QUINOA GARDEN SALAD	2 CHICKEN MARSALA MASHED POTATOES BRUSSEL SPROUTS WHITE ROLL FRUIT	3 POT ROAST W/ VEGETABLES AND POTATOES WHITE ROLL CREAMY COLESLAW	4 CHICKEN FRIED STEAK OVER MASHED POTATOES SWEET KERNEL CORN
5 CHICKEN PARMESAN ROASTED REDS GARLIC BREAD FRUIT	6 PEPPERONI PIZZA VEGETABLE MEDLEY ROASTED REDS CAESAR SALAD	7 CHICKEN ENCHILADA BLACK BEANS COUNTRY VEGETABLES CALIFORNIA FRUIT	8 BEEF TIPS W/ PEPPERS BEEFY RICE GREEN BEANS AMANDINE* STEWED TOMATOES WHITE ROLL	9 SHRIMP SCAMPI IN CREAM SAUCE OVER LINGUINE VEGETABLE MEDLEY FOCACCIA BREAD CHOCOLATE CAKE	10 CHEESEBURGER WEDGE FRIES CRINKLE CUT CARROTS CAESAR SALAD	11 OVEN ROASTED TURKEY MASHED POTATOES VEGETABLE MEDLEY GARDEN SALAD MAGIC COOKIE BAR
12 JAMBALAYA CHUCKWAGON VEGETABLES SOUTHERN BISCUIT GARDEN SALAD	13 CHILI OVER BAKED POTATO CREAMY COLESLAW CINNAMON ROLL	14 LASAGNA ASPARAGUS TIPS CAESAR SALAD GARLIC BREAD	15 GREEN CHILE AND CHEESE STUFFED CHICKEN BREAST CREAMY RISOTTO GREEN BEANS AMANDINE* PEANUT BUTTER COOKIE	16 BEEF ENCHILADAS REFRIED BEANS SPANISH RICE GARDEN SALAD ROCKY ROAD PUDDING	17 DILL SALMON ROASTED REDS STEAMED BROCCOLI CUCUMBER SALAD LEMON BAR	18 GLAZED HAM ROASTED SWEET POTATOES ROASTED CAULIFLOWER SPINACH SALAD W/ FETA AND STRAWBERRIES
19 PHILLY CHEESESTEAK LENTIL SALAD VEGETABLE MEDLEY RANGER COOKIE	20 SPAGHETTI W/ MEATBALLS FOCACCIA BREAD BRUSSEL SPROUTS CAESAR SALAD	21 CHICKEN ALFREDO BROCCOLI AU GRATIN GARLIC BREAD FRUIT	22 COD W/ CARROTS AND LEEKs WILD RICE PILAF W/ ALMONDS AND CRANBERRIES* VEGETABLE MEDLEY BERRIES AND CREAM	23 CHEESEBURGER WEDGE FRIES VEGETABLE MEDLEY CHOCOLATE CAKE	24 MEATLOAF STEWED TOMATOES ROASTED RED POTATOES SWEET KERNEL CORN MAGIC COOKIE BAR	25 BAKED STEAK TERIYAKI W/ EGG NOODLES ASIAN VEGETABLES FRUIT OATMEAL COOKIE
26 PORK GUMBO VEGETABLE MEDLEY CHEESE AND ONION ROLL GARDEN SALAD	27 SAUSAGE ZITI ROASTED SQUASH WHITE ROLL STRAWBERRY SHORTCAKE	28 HONEY DIJON PORK CHOP ROASTED CAULIFLOWER MAC N CHEESE GARDEN SALAD BROWNIE	29 SWEDISH MEATBALLS EGG NOODLES VERY BAKED TOMATOES ROASTED REDS BLUEBERRY CRISP	30 CHICKEN NOODLE SOUP CHEESE AND ONION ROLL VEGETABLE MEDLEY CHOCOLATE CHIP COOKIE	31 CHICKEN FRIED STEAK MASHED POTATOES GREEN BEANS PEAR APPLE CRISP GARDEN SALAD	

November 2020

MON

TUE

WED

THU

FRI

SAT

SUN

SUBJECT TO CHANGE

*Indicates Item Contains Nuts

1
BARBECUE BEEF SANDWICH
ROASTED SWEET POTATOES
STEAMED BROCCOLI FRUIT



2
JAMBALAYA
CHUCKWAGON VEGETABLES
SOUTHERN BISCUIT
GARDEN SALAD

3
CHICKEN ALFREDO
GREEN BEANS AMANDINE*
ROASTED REDS

Election Day

4
PEPPERONI PIZZA
BRUSSEL SPROUTS
BASIL PESTO QUINOA
FRUIT PIZZA

5
JAMBALAYA VEGETABLE MEDLEY
FRUIT
RANGER COOKIE

6
GREEN CHILE AND CHEESE STUFFED CHICKEN
CREAMY RISOTTO
RATATOUILLE
CARROT CAKE

7
PORK TENDERLOIN
WILD RICE PILAF
BRUSSEL SPROUTS
CHEESE AND ONION ROLL
APPLESAUCE

8
GLAZED HAM
MASHED SWEET POTATOES
VEGETABLE MEDLEY
MOLASSES COOKIE

9
BAKED COD W/ CARROTS AND LEEKS
BASIL PESTO QUINOA
VEGETABLE MEDLEY
WHITE ROLL
GARDEN SALAD

10
POT ROAST W/ VEGETABLES AND POTATOES
WHITE ROLL
CREAMY COLESLAW

11
FISH AND CHIPS
VEGETABLE MEDLEY
FRUIT
GARDEN SALAD

VETERANS DAY

12
BEEF TACOS
SPANISH RICE
SOUTHWESTERN CORN
FRUIT AMBROSIA

13
CHICKEN MARSALA OVER MASHED POTATOES
GREEN BEANS AMANDINE*
LENTIL SALAD
ZUCCHINI BREAD

14
TURKEY TETRAZZINI
BRUSSEL SPROUTS
SHITE ROLL
FRUIT

15
BISCUITS AND GRAVY
SCRAMBLED EGGS
STEAMED BROCCOLI FRUIT

16
LEMON CHICKEN
CREAMY RISOTTO
ROASTED CAULIFLOWER
CHEESE AND ONION ROLL
FRUIT

17
SHRIMP SCAMPI IN CREAM SAUCE OVER LINGUINE
FOCACCIA BREAD
GREEN BEANS AMANDINE*
FRUIT

18
CHEESEBURGER
WEDGE FRIES
VEGETABLE MEDLEY
GARDEN SALAD
CHOCOLATE CHIP COOKIE

19
DILL SALMON
ROASTED REDS
STEAMED BROCCOLI
CUCUMBER SALAD
LEMON BAR

20
LASAGNA
VEGETABLE MEDLEY
GARDEN SALAD
FRENCH BREAD

21
CHICKEN POT PIE
STEAMED BROCCOLI
CHEESE AND ONION ROLL
BERRIES AND CREAM

22
CHICKEN PARMESAN
ROASTED REDS
GARLIC BREAD
FRUIT

23
TACO SALAD
SPANISH RICE
VEGETABLE MEDLEY
BLACK FORREST CAKE W/CHERRIES

24
PULLED PORK SANDWICH
ROASTED REDS
VEGETABLE MEDLEY
ROCKY ROAD PUDDING

25
CHEESEBURGER
WEDGE FRIES
VEGETABLE MEDLEY
GARDEN SALAD

26
ROASTED TURKEY W/ GRAVY
STUFFING
GREEN BEAN CASSEROLE
MASHED POTATOES
WHITE ROLL
PUMKIN PIE

27
CHICKEN ENCHILADAS
ROASTED SQUASH
SPANISH RICE
BANANA BREAD

28
MEATLOAF
STEWED TOMATOES
STEAMED BROCCOLI
ROASTED REDS
FRUIT

29
DILL SALMON
RICE PILAF
WHITE ROLL
VEGETABLE MEDLEY
FRUIT

30
CHICKEN CURRY
ROASTED SWEET POTATOES
VEGETABLE MEDLEY
BANANA BREAD

HAPPY Thanksgiving