



"I couldn't do it without outside help. I live alone but as long as I have Help at Home, I am not alone. It's a wonderful service."
- Mel Heckman, WWII veteran



how to get started

Schedule an appointment with us to talk about your needs and goals. Our first meeting explores whether our services are the right fit for you. There is no commitment, pressure, or expectations for getting the information you need to make a decision that works for you.

We accept payments from private pay, the Veterans Administration, and Medicaid Waiver. We can work with your long term care insurance to provide documentation to meet your elimination period. Partial grants may be available through the Wyoming Department of Health Aging Division for qualifying individuals.

Contact Us

HELP AT HOME
211 Smith Street
Sheridan, WY 82801
(307) 675-1978

help at home



what we do

Help at Home is designed to help people foster self sufficiency at home while

- living in the least restrictive environment
- Assisting with meal preparation, shopping, light housekeeping, and laundry providing personal care, showers, dressing, physical therapy exercises
- Keeping people in their home avoiding premature institutionalization

our story

The Help at Home team can provide the first line of support for older adults, individuals living with disabilities, and their families. Our team of home care professionals ensures care coordination and creates dynamic person-centered care plans. Our Certified Nursing Assistants have extensive training that allows them to recognize signals for the need for health care interventions.

our success stories

We serve hundreds of people in Sheridan County through coordinated partnerships including:

- ◆ Home-delivered meals
- ◆ Access to assistive equipment through a community loan closet
- ◆ An on site adult day care facility
- ◆ Partnerships that strengthen community services to older residents and their families

more about us

Personal care is supervised by a Registered Nurse and provided by Certified Nursing Assistants who are Wyoming State Board certified Home Health Aides (HHA's). Background checks are performed on all staff before entering a person's home.

Access Care Coordinators are certified by the Wyoming Department of Health's Aging Division. These coordinators determine eligibility, develop care plans, and refer people to community resources.

who we are

Help at Home is a licensed and bonded Home Health Agency operating under the rules and regulations of the Wyoming Board of Nursing and requirements by the Wyoming Department of Health. Our Home Health Aides help to preserve independence, maintain home safety, and enhance the quality of life.



Lois Bell
Director of Help at Home
Services
307-675-1978

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