

getting started

Tour the facility and watch the staff in action. Our doors are always open to visitors. To join, schedule a meeting with our director to fill out the Day Break Enrollment. This meeting gives us opportunity to get to know you and learn about the needs and interests of the new participant.

The Wyoming Department of Health requires that each person have a screening for tuberculosis and provide medical information signed by a licensed physician. This information must be obtained before admission into the program.



PLACE
STAMP
HERE



Return Service Requested

day break

Adult Day Care Services





what we do

At Day Break, we believe in celebrating the individual. We take pride in offering person-centered activities that nurture the spirit, and encourage individuality and independence.

Our goals are to see:

- People connected, engaged and living meaningful lives;
- Family members getting support and staying healthy;
- Individuals living at home for as long as possible

Day Break is valuable for those receiving services and their caregivers. It provides a break from the important yet strenuous tasks of taking care of someone.

success stories

Day Break opened in 1992 to help with the growing need of family caregivers in our community. We are a proven asset to the working caregiver by providing a safe place for loved ones to stay during the day.

We take pride in our work and look forward to offering you:

- A fun place to meet new friends
- Comforting atmosphere
- Activities for every ability
- Day trips to local restaurants
- Volunteer opportunities to give back to the community

At our beginning, Day Break hosted just 3-5 people each day. Our program has grown to accommodate up to 20 fun-loving people daily.

Our new facility at 241 Smith Street opened in 2016, offering a comfortable home-like setting, a kitchen for baking projects and a relaxing patio with a reflective flower garden. We also offer a spa that provides discreet help with bathing and personal care.

Our director, Barb Blue, oversees program development, daily activity schedule and provides supervision to participants and staff.

who we are

Each guest finds the care at Day Break that they find at home. An individual approach is taken with each person receiving Day Break services.

Day Break is an Adult Day Service licensed through the Wyoming Department of Health.

- We partner with the Veterans Administration to provide care for veterans living at home
- We work with the Medicaid Waiver
- We provide nutritious and delicious meals through our meal program
- Public transportation is available for those needing a ride to Day Break

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call us today!



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