

US approves new generic competitor to EpiPen

WASHINGTON (AP) — U.S. health officials on Thursday approved a new generic version of EpiPen, the emergency allergy medication that triggered a public backlash due to its rising price tag. The new version from Teva Pharmaceuticals is the first that will be interchangeable with the original penlike injector sold by Mylan. The Food and Drug Administration announced the approval in a statement. EpiPen injections are stocked by schools and parents nationwide to treat children with severe allergies. They are used in emergencies to stop potentially fatal allergic reactions to insect bites and stings and foods like nuts and eggs. EpiPen maker Mylan has dominated the \$1 billion market for the shots for two decades.

Lessons shared through the ages

Recently I came across a poem titled "Things Our Mothers Taught Us."

Upon perusing the article it brought me back to my childhood and my own parenthood. I truly thought they gave every mother a book of these sayings at the maternity ward door. All mothers, as I was growing

up, seemed to know them. Many were passed on to me, and thus, perhaps even my grandchildren as I have heard a few escape my adult children's mouths. Enjoy the wisdom of mothers everywhere.

1. My mother taught me to appreciate a job well done. "If you're going to

kill each other, do it outside. I just finished cleaning."

2. My mother taught me religion. "You better pray that will come out of the church."

3. My mother taught me logic. "Because I said so, that's why."

4. My mother taught me more logic. "If you fall out of that swing and break your neck, you're not going to the store with me."

5. My mother taught me foresight. "Make sure you wear clean underwear, in case you're in an accident."

6. My mother taught me irony. "Keep crying and I'll give you something to cry about."

7. My mother taught me about the science of osmosis. "Shut your mouth and eat your supper."

8. My mother taught me about stamina. "You'll sit there until all that spinach is gone."

9. My mother taught me

about weather. "This room of yours looks like a tornado hit it."

10. My mother taught me about anticipation. "Just wait 'til we get home."

11. My mother taught me about receiving. "You are going to get it when we get home."

12. My mother taught me about medical science. "If you don't stop crossing your eyes, they are going to stick that way."

13. My mother taught me humor. "When that lawn mower cuts off your toes, don't come running to me."

14. My mother taught me how to become an adult. "If you don't eat your vegetables, you'll never grow up."

15. My mother taught me genetics. "You're just like your father."

16. My mother taught me about wisdom. "When you get to be my age, you'll understand."

17. And my favorite: My mother taught me

about justice. "One day you'll have kids and I hope they turn out just like you."

Fathers everywhere often bestow us their own bit of life lessons. Have you heard or ever said any of the following?

1. It's too good to be true, it is.

2. There's no such thing as a free lunch.

3. Nothing good happens after 2 a.m.

4. Being a good person will get you further.

5. The truth will always come out.

6. Don't burn your bridges.

7. Manners go a long way.

8. Money can't buy happiness.

9. Do it for the experience.

Hope these words of wisdom brought back fond memories of your parents, your childhood and your own child rearing.

SANDY SARE is the membership director for the Sheridan County YMCA.



SANDY SARE

the hub ...on Smith
A CENTER FOR ALL GENERATIONS

ENTRÉE CHOICE* or SOUP/SALAD

Tue- Chicken & Vegetable Stir Fry
Wed- Mushroom Swiss Burger
Thurs- Cod Baked w/Carrots & Leeks
Fri- Beef Taco Salad
Sat- Egg Salad Sandwich
Sun- Braised Chicken & Vegetables over Pasta
Mon- Roast Beef

GOLDEN YEARS DINNER AUG 26TH 5:30 P.M. ARE YOU SIGNED UP?

Tue- Threaders	10:00 a.m.	Community Room
Wed- Table Tennis	1:00 p.m.	Community Room
Thurs- Medicine Wheel Hike	8:30 a.m.	Depart The Hub...on Smith
Fri- Dominoes	9:30a.m.	Café
Sat- Dbl deck Pinochle	12:30 p.m.	Tech Nook
Sun- Sunday Jammers	2:30 p.m.	Community Room

Lunch Service Hours: 11:00 a.m. to 1:00 p.m., 365 days a year at 211 Smith Street
Home Delivered Meals (307) 672-6079
Loan Closet, Outreach, and Administration Services, 672-2240. Mondays - Fridays.
Help at Home Services, 675-1978. 232 North Brooks: Mondays - Fridays.
Day Break Adult Care Services, 674-4968. 241 Smith Street: Mondays - Fridays.

FUN AND FOOD
BUILD YOUR OWN SALAD
Mondays - Fridays
Entrees and kiosk include sides,
dessert and drink.

Salad Bar Available
Mondays - Fridays

No Salad Bar on
Saturday or Sunday

*entrée only offered for Home Delivered Meals

SENIOR HAPPENINGS

FROM STAFF REPORTS

The Hub on Smith will offer a "Golden Years Dinner" Sunday. The event is meant to help couples who have been married 50 years or more celebrate a special evening. Social time will start at 5:30 p.m. with the prime rib dinner at 6 p.m. The cost is a suggested contribution of \$18 per plate. Those planning to attend are asked to purchase tickets by Aug. 23. The Hub is located at 211 Smith St.

The next event in the "When I'm 64... or more" Lecture Series will take place Sept. 4. The presentation will cover the benefits and pitfalls of putting your kids' names on your bank accounts and other assets. Join the group in The Hub's Café at 211 Smith St. at 5:30 p.m. Light refreshments

will be served. This is a free presentation for all ages.

The Hub on Smith has organized a trip to the Wyoming Veterans Memorial Museum and National Trails Interpretive Center for Aug. 28. The group will depart Heritage Towers at 7:15 a.m. and The Hub at 7:30 a.m. Participants will return to Sheridan by 6:30 p.m. The veterans museum's theme this year is "Wyoming Experience in the Great War." During the visit at the trails center, participants will be able to explore exhibits related to names that are truly legendary in western history, and on the Oregon, California, Mormon and Pony Express trails. The suggested contribution for registered seniors is \$35. The fee for unregistered individuals is \$40. Sign-up and pre-pay at The Hub on Smith by Aug. 21.

2018 Annual Holy Name School Golf Tournament



August 4, 2018
Kendrick Golf Course



Our tournament would not be possible without our sponsors, donors, and volunteers.

Your generosity is greatly appreciated.

Major Sponsors

- Herb & Amy Roose Family Trust
- Chapman, Valdez, & Lansing
- Laurie Ross, Prudential
- First Northern Bank
- Bernie & Linda Spielman
- Jerry & Kathleen Pilch Family
- Mark & Carrie Rogaczewski Family
- CoWork at the Montgomery: (Dave & Donna Kinskey)

A Special Thanks to:

- Kendrick Golf Course, Brian James
- Knights of Columbus Council #2104 for tables and chairs
- Kendrick Golf Course, Brian James for the range balls
- Ron & Renetta Mischke, Valley Motor Honda, & HNCS PTO for lunch
- Parish Staff: Doreen Choong & Karen Revelle for all-around assistance

And Our Student Helpers

- Hailey Hauber
- Tennyson Lewallen
- Hayden Lewallen
- DJ Elchlinger
- Raphael Eldridge
- John Paul Lansing
- Peter La Rosa
- Mason Smith
- Jake Woodrow
- Dakota Brown
- Henry Schaefer

"Alumni Fairway" Sponsors

- Jennifer Pilch Herbst
- Skip Israel
- Hannah, Seth, & Gennah Deutscher
- Mary, Charles, Mike, Daria & James Burgess
- Jerry, Mark & Tara Pilch
- Tina, Kelsi & Codi Krueger
- Cara, Melissa, Jeffrey & Tony Taylor
- Scott, Katelin, & Samantha Rogaczewski
- Dave Kinskey
- Presley Felker
- Tyler & Maxwell Myers
- James, Kirsten, Patrick, Chris, Alex, & Brice Garber

Hole Sponsors

- In Memory of Bob Bender
- In Memory of David Rojo
- In Memory of Susan Schmidt
- In Memory of Jennifer Pilch Herbst
- In Memory of Ann Revelle
- A Clear View
- Alpine Climate Control-Bob Gates
- Allstate Insurance-Jeff Rickett
- Babe's Flowers
- Balanced Living/Santosha Yoga-Teddy Araas
- Best Real Estate-Jill Bates
- Big Horn Beverage
- Big Horn Livestock Services
- Bigelow Grant Writing Services
- Captain Clean
- Carpet Design
- Coulter Oil and Gas LLC
- ERA Carroll Realty
- First Federal Bank & Trust
- Hospital Pharmacy
- Huske Chiropractic
- J'Dan Builders
- Knights of Columbus Council #2104
- Mohatt, Johnson, & Godwin LLP
- Mountain View Building
- Papa Murphy's Pizza
- Robbins Dermatology
- Sheridan Eyecare Center
- Sheridan Motors
- Steady Stream Hydrology
- Stolcis Acres Ranch
- Sunrise Construction-Kevin Bates
- Tegler & Associates-Dave Alden
- Valley Motor Honda
- Wendtland and Wendtland, LLP
- Wyoming Audiology & Hearing
- Yonkee & Toner, LLP
- Larry & Lynn Baccari
- Jack & Terri Bare Grandkids
- Peter & Charlotte Boyle
- Willis & Caroline Burke
- Rick & Julie Estes Family
- Bob & LaDonna Liebrich
- Joe & Karla Mallo
- Father Tom Ogg
- Frank & Phyllis Rotellini
- Frank & Jan Sterbenz
- Jeff & Mary Kay Tomlinson Family
- Kevin & Vickie Woodrow Family
- Bo Biteman for State Senate
- Rene Botten for Clerk of District Ct
- Chester Burton for Co Treasurer
- Carl Clements for Co Commissioner
- Dennis Fox for Co Commissioner
- Carol Grandahl for Co Treasurer
- Robert Griffin-State Representative
- Christi Haswell for Co Commissioner
- Dennis Heizer for Co Commissioner
- Allan Kinnison for Co Commissioner
- Kimberly Kozel for Co Coroner
- Misti Kunkelberger for Co Treasurer
- Jeremy Kisling for Co Attorney
- Jay McGinnis for Co Commissioner
- Antonio Pickering for Co Commissioner
- Jason Szcwec for Co Commissioner

Thanks to our Teachers and Volunteers:

- Phil Klebba
- Amy Fleenor
- Tony & Julie Garber
- Helen Grutkowski
- Jon Deutscher
- Lori Clark
- Vicki Woodrow
- Berni Roth
- Jennifer Vaughn
- Channing Spradling
- Brendan Schaefer
- Mary Legler
- Presley Felker
- Scott Rogaczewski
- Katelin Rogaczewski
- Samantha Rogaczewski
- Ethan Lewallen
- Maria Montano
- Tammy Billings
- Loretta Tonak
- Mandy Leach
- Nita McCann
- Candice Johnson
- Rena Anderson
- Tera Miller
- Britnee Geringer
- Camille Slack
- Jim Malin
- Emily Emond
- Emily Wille
- Zach Will

Thanks to all our Donors

- Eagle (\$200+ in cash/prizes)**
- Kendrick Golf Course & Pro Shop
- Knights of Columbus Council #2104
- Lincoln Financial Group
- Ron & Renetta Mischke
- Rogaczewski Family
- Valley Motor Honda
- Birdie (\$100-200 in cash/prizes)**
- Big Horn Beverage
- Jimmy John's
- Sapporo
- Spielman Family
- Virtus Investment Partners
- Par (Up to \$100 in cash/prizes)**
- Aqua Land Investments
- Andrea Garrett
- Jeremy Kisling
- Tina Krueger
- Principal Global Investors
- Roosters
- Wyoming's Rib & Chop House

Tournament Results

22 four-person teams participated and raised \$23,000 for Holy Name Catholic School

- | | | | |
|--|--|---|--|
| <p>1st Gross- 59 (Tie)</p> <p>Jason Spielman
Samantha Spielman
John Spielman
Scott Robbins</p> | <p>1st Gross - 59 (Tie)</p> <p>Kim Ulin
Tom Ulin
Foster Ulin
Denton Alley</p> | <p>3rd Gross - 60 (Tie)</p> <p>Mike Lansing
Art Baures
Rick Estes
Michael Thomas</p> | <p>3rd Gross - 60 (Tie)</p> <p>Scott Rogaczewski
Sam Lecholot
Tony Lecholot
Ben Lecholot</p> |
| <p>1st Net - 50.7</p> <p>Kimberly Kozel
Jerry Maddox
Jim Smith
Sara Smith</p> | <p>2nd Net - 52.7</p> <p>Paul Felker
Mark Taylor
Rick Blank
Mark Rogaczewski</p> | <p>3rd Net - 53.1</p> <p>Bernie Spielman
Steve Spielman
Keaton Spielman
Koltyn Spielman</p> | <p>4th Net - 54</p> <p>Jason Leach
Larry Storo, Jr.
Jamie Hardesty
Gary Lee</p> |

Pastor Father Glenn Whewell, Associate Pastor Father Clark Lenz, Deacon John Bigelow, Principal Mary Legler

Holy Name Catholic School Golf Tournament Committee

Mark Rogaczewski, Mike Lansing, Carrie Rogaczewski, Andrea Garrett, Jessica Wood, Joe Mallo, Tina Krueger, Shawn Lewallen, Adrienne Lewallen

